

SPECIAL ISSUE!

- ☐ What do we expect over the Easter break?
- ☐ Practical tips for managing learning at home.

Remote Learning



EASTER HOLIDAYS

During the two weeks from 6th April to 17th April, it is important that students and staff take a break. Therefore we will pause our remote learning programme during this time. Teachers will not be setting a full timetable of work each week and we will not expect students to be following a timetable at home. However, some subjects may set Easter independent study tasks as normal. This will be due in week beginning 20th April. Please be aware that we will not be asking our teachers to respond to emails or communications until after the Easter break is over.

Managing learning at home is a challenge, what works for one person or household, may well not work for another. With a two week break ahead of us, we now have time to reflect and plan. Therefore, we thought we'd share some of the best practical tips and guidance we have found as to how remote learning can be managed effectively at home.

Practical Tips

ROUTINE IS KEY

Make a timetable and stick to it! It is a common misconception that having a minimal structure to our day and working at our own pace will be less stressful. At school we get used to structure and routine. We must do what we can to replicate this for ourselves at home. Make sure you identify time every day for, **study, regular breaks, exercise, and lunch.**

GET ORGANISED

Take the time to plan your week on Monday morning. Our teachers prepare in advance all the learning guides for the week. Make sure you are clear on which pieces of work you will do when, and how long you are expected to spend on each one. Read through each instruction and email any questions you have right away.

SET UP YOUR ENVIRONMENT

The environment and setting can have a huge impact on our wellbeing and our productivity. Pay close attention to lighting and seating position. Remove sources of distraction where possible. Where suitable clothing. If you can, set up spaces for different activities or spend different parts of the day in different spaces.

SCREEN TIME

Much of the work our teachers are setting can be completed on paper. Don't feel you have to word process everything. You can take photos as evidence if your teacher wants to see what you have done. If you are using screens a lot for schoolwork, use screens less in your downtime. Those of you who have seen the film *Wall-e* will know what we are trying to avoid here!

'ISOLATION' NOT 'ISOLATED'

Take breaks at the same time as other people in your household, so you can interact with other human beings in person as often as possible. Make use of social media, video chat, and your phone to **keep in touch with friends.** Use google classroom and email to **strike up conversations with classmates.**

DON'T PANIC

If you get stuck, first try to find a solution yourself, look at the lesson resources, look at your notes, do some research online, reach out to your classmates. If you have no luck, stop. Don't panic, just notify your teacher and move on. You can always come back to the work later.

